



Get ready for **flu season**

Did you know that more Americans are expected to get the flu this year than last? **That's why we created Flu HQ.** Find out how to stay well, and what to do in the event you think you are getting sick.



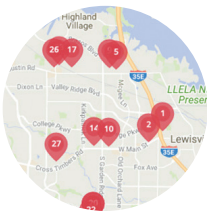
Flu Prevention

Learn helpful tips for preventing and treating cold and flu symptoms.



Test Your Flu IQ

Take this fun quiz to see if you know the difference between a cold and the flu.



Vaccine Finder

Use this convenient online tool to find a flu vaccine clinic near you.



Teladoc Can Help

Learn more about your Teladoc benefit, which lets you talk to a doctor in minutes.

Learn more at [Teladoc.com/flu](https://www.teladoc.com/flu)

